

Activity Policy

At the childminding setting, we aim to provide a wide range of safe, enjoyable, and age-appropriate activities that support each child's learning, development, and wellbeing. All activities are carefully planned to meet the needs, interests, and abilities of the children in my care. Children are encouraged to take part in activities at their own pace, and all activities are supervised to ensure their safety and enjoyment.

Play Dough is available for children aged 4 years and over. This activity encourages creativity, imagination, and the development of fine motor skills. Children are supervised throughout the activity and reminded not to place play dough in their mouths. Hands are washed before and after use to maintain good hygiene.

The Bouncy Castle is suitable for children aged 4 years and over. Children are supervised at all times while using the bouncy castle. Shoes must be removed before use, rough play is not permitted, and no more than 4 children may use the bouncy castle at one time to ensure everyone's safety.

Circle Time is suitable for all children and forms part of our daily routine where appropriate. It provides opportunities for children to develop their listening, communication, confidence, and social skills through songs, stories, discussions, and group activities.

Sports Activities are available for all children, with activities adapted to suit different ages and abilities. These may include football, badminton, races, running games, and other physical activities. Sports encourage teamwork, coordination, confidence, physical fitness, and healthy lifestyles. All activities are supervised, appropriate safety equipment is used where necessary, and children are encouraged to participate fairly, respect others, and follow the rules.

Loom Bands are available for all children. This activity supports creativity and fine motor development. Younger children are closely supervised because the small bands may present a choking hazard if used incorrectly.

Arts and Crafts activities are available for all children and encourage creativity, imagination, and self-expression. Only child-safe materials are used, and children are supported and supervised throughout each activity.

Painting is available for all children and provides opportunities to explore colours, textures, and different painting techniques while encouraging creativity and self-expression. Only non-toxic, child-safe paints and materials are used. Children wear protective aprons where appropriate, and tables and equipment are cleaned after use. Hands are washed thoroughly once the activity has finished.

Jigsaws are provided for children of different ages, with puzzles selected according to each child's age and stage of development. This helps to develop problem-solving

skills, concentration, and confidence while ensuring children remain appropriately challenged.

Board Games are available for all children. Games are chosen to suit the ages and abilities of the children taking part and encourage turn-taking, communication, teamwork, and good manners.

Each day includes a dedicated Calm Time, which takes place in the Lower Hall. During this time, children take part in gentle exercises, stretching, breathing techniques, and light movement activities to help them relax, regulate their emotions, and prepare for the next activity. A calm and supportive environment is maintained so that every child feels comfortable and able to participate.

We regularly check all equipment and resources to ensure they are safe, clean, and suitable for use. Children are encouraged to respect one another, share resources fairly, and help tidy away activities after use. We follow all safeguarding, health and safety, hygiene, and first aid procedures to provide a safe, caring, and stimulating environment where every child can learn, play, and thrive.